

Prayer & Fasting

In homegroups, 2s & 3s and on your own, we urge you to spend time being open and honest with God and allowing him to minister his freedom to you. Please keep **praying** for each other and for the church, and we encourage you to consider **fasting** as well as praying.

A number of us will be fasting on Tuesday 13th & Monday 26th leading up to the Freedom Prayer Gatherings in the evening and it would be great if you could fast in some way on those days, too.

There are different ways you could join in with this, depending on your circumstances. Here are some possibilities you could consider:

- Spending the day, or part of the day, without the distraction of radio, TV, Facebook or other things, and intentionally focusing on God.
- Setting aside an hour or even the day to spend quietly with God, reading the Bible and praying, and then coming to the evening gathering, if you can.
- Missing one meal and praying instead.
- Fasting from food for the full day.

Nicky has put together some biblical, medical and practical guidelines about fasting. You can find these on a separate sheet. Take a look and, if you have any questions, please ask.

* DON'T FORGET *

Saturday 1st October from 10am to 3pm
'Saints on the Move' Church Day Together

Sunday 2nd October at 10am - Harvest Thanksgiving
& Freedom Celebration followed by lunch together

*Pick up your
invitations now!*

SAINTS ON THE MOVE

September - Freedom

'Bring life where we are withered'

It's September and we are convinced that this is a significant month for us as a church. We believe that this is a particular time when God is promising to be at work among us, bringing freedom from the things that are holding us back and that are sapping us of faith and strength, both as individuals and as a church.

There are different ways you can be part of what's happening and we encourage you to get involved as much as you can. You can find information in this leaflet.

God's invitation into freedom is for every one of us and every one of us is significant in his church.

John, Rachel & Marian (September 2016)



*'It is for freedom that
Christ has set us free'*
Galatians 5:1

Sunday Services

Each week we will be focusing on different areas which may be robbing us of life and freedom, inviting God to speak to us and giving space to respond to him and receive from him.

Sun 4th Sept at 10am - **'Freedom from disappointment'**

Sun 11th Sept at 9.15am & 11am - **'Freedom from the past'**

Sun 18th Sept at 9.15am & 11am - **'Freedom from failures and resentments'**

Sun 25th Sept at 9.15am & 11am - **'Freedom from fear and insecurity'**

After each service there will be the opportunity to use the space at the front of the church to continue to engage quietly with God and where you can receive prayer if you would like. Please be prepared to give yourself and others time and space.

Focal Point - The Cross

'If the Son sets you free, you will be free indeed' John 8:36

Our freedom is rooted in Jesus' death on the cross for us and in the power of the resurrection.

Throughout the month the large wooden cross will be set up at the front of church with baskets at the base. You are welcome to leave stones or written words or other things at the foot of the cross at any time - whatever represents what God is freeing you from or as a sign of that freedom.



Time with a Minister

If you would find it helpful to spend an hour talking and praying with one of us, please get in touch with John, Rachel or Marian.

We would love to meet with you, listen to you and seek God's freedom with you. It may be about something in your own life and journey with God that you know is holding you back in faith or keeping you 'withered', or it may be about things that have happened in the life of the church that continue to have an impact.

Whatever it may be, please get in touch:

John	john@wigram.org.uk	07939 581202
Rachel	rachel@wigram.org.uk	01773 688362
Marian	marianbrookes@aol.com	01773 745259

Freedom Prayer Gatherings at 7.30pm in Church

Tuesday 13th September: *'Prayer & Worship'*

An evening in God's presence - worshipping, seeking freedom and receiving from him.

Monday 26th September: *'Service of Reconciliation'*

A simple service where we will bring before God our memories and experiences as a church community at All Saints.

We acknowledge that there have been past hurts and disappointments, and mistakes made. We will spend some time valuing what has been good and seeking to give and receive forgiveness where it is needed, preparing us to move forward in hope and freedom.